

SCOT CANNON

BE POSITIVE BE PRODUCTIVE

Mime & Music Workshop Show



Finding Two Things you love to do!

Engaging in Positive & Productive Activities!

Grades K – 8, Libraries & Family programs

Come on down to Scot's Mime & Music Workshop Show and find out what Scot has been doing all this time. Scot will teach you how some of the basic mime illusions work. You will get to sing some of Scot's songs and some other songs Scot likes a lot. Oh, you will get to see Scot's "Baby Guitar", and his ukulele, probably hear some funny stories, eat invisible fruit and count cereal boxes. If there is time you will also learn why Scot only has one "t" in his name. During the show Scot will be asking you to tell him what Positive & Productive things you do every day. So come ready to move, sing, laugh and learn. Always wear comfortable clothes because "Moving is the Message". Scot hopes you can find two things you love to do like he found Mime & Music.

“I Can” Objectives”

- 1. I can name two positive & productive activities I love to do every day.**
- 2. I can teach someone else the Pantomime lessons I learned today.**
- 3. I can recall and sing the songs I learned in the workshop today.**
- 4. I can write new verses to Scot’s “Cookie Song” using appropriate content, rhyme, rhythm, and meter.**
- 5. I can incorporate the exercises and stretches I learned into my daily exercise routine.**
- 6. I can integrate the skills I learned today in projects for other school subject areas.**

This program can also be done as a full day or half-day residency. This residency version of the Workshop Show is followed by individual classroom sessions.

Contact information: Scot Cannon

114 Congress Street, Belfast, Maine 04915

Home - 207-338-3608 Cell – 508-269-1574

scotcannon.com scotthemime@gmail.com

Be Positive Be Productive

music & lyrics by Scot Cannon copyright 2018

Imagining, doing two things,
all day long, makes me strong.
Positive, Productive.
It's who I am and how I live.

I could go outside and climb trees,
or stay here and watch TV.
If I go up there *I just might find*,
something no one has ever seen.
Something no one has ever seen.
Something no one, has ever seen.

I should check in with my neighbors,
Let me see if they're all right.
They might *have some job for me*,
be a friend help them tonight.
Be a friend help them tonight
Be a friend, help them out tonight

Imagining, doing two things,
all day long, makes me strong.
Positive, Productive.
It's who I am, and how I live.

I could dance or paint a picture,
write a poem or sing a song.
I can try anything I want to,
nothing I do will be wrong.
Nothing I do will be wrong.
Nothing I do will be wrong.

If I start with just two things,
that I really love to do.
I can start imagining,
everything I can do for you.
Everything that I can say,
to make you feel safe today.
To make us all feel...
Positive, got to be productive
Got to be positive, *and productive*

Imagining, doing two things,
all day long, makes me strong.
Positive, Productive.
It's who I am, and how I live.

